

Omega 3 Fish Oil

Many of us have heard of Omega 3 Fish Oil and its benefits. However, Omega 3 Fish Oil contains many contaminants which most people are not aware of. If you intend to buy Omega 3, it is advisable to note its concentration and purity. It is also important to check if you are getting a vegetable or bovine capsule, and if it is easy to swallow for the adults and children.

Health benefits of Omega 3

Omega 3 contains polyunsaturated fatty acids including EPA (Eicosapentaenoic Acid), DHA (Docosahexaenoic Acid) and DPA (Docosapentaenoic Acid). Extensive research suggests Omega 3 fatty acids are important to overall health, particularly for the function of the heart, brain and nervous system. EPA is well-known to help reduce blood clotting, lower blood pressure, improve blood fat levels, and prevent sudden heart attacks. DHA helps as building block for the brain, nervous system and retina, supporting the development of sensory, perceptual, cognitive and motor neural systems. DHA also helps support neurological functions in the elderly.

In addition, Omega 3 helps reduce risk of blood vessel re-blockage after heart bypass or angioplasty, artery hardening, weight loss, blood sugar levels and period and bone pain. It helps mood behaviour, sleep, and may prevent certain types of cancer.

Omega 3 cannot be produced in our body except from diet. Modern diet contains far less Omega 3 and health authorities are aware that the intake of Omega 3 is about 15 to 20 percent of the recommended standards by the American Heart Association. This is one good reason why many have health challenges.

Harmful contaminants of fish oil

Aside from the benefits of Omega 3, fish oil usually contains contaminants such as heavy metals, PCB's, dioxins, furans and other harmful elements to health. Heavy metals from mercury could damage the brain and the nervous system. Chlorinated pesticides are toxic to the nervous system.

PCB contamination showed abnormal responses in infant behaviour affecting motor skills and short-term memory and linked to cancer of the liver and biliary tract.

Dioxin could cause severe reproductive and development problems and linked to birth defects, decreased fertility, reduced sperm counts, endometriosis, diabetes, learning disabilities, and disorders of immune, hormone, lung, skin and testosterone systems. High doses of furan could lead to cancer and liver toxicity. All these contaminants could harm our health if not removed.

Why Clear Passage Omega 88 is distinguished?

Super high concentrate Omega 3 – up to 88% of EPA and DHA

Super multi-stage purification process including molecular distillation to achieve high concentration and purity of Omega 3

Free of contaminants

Super small capsule, one-quarter size of usual capsule – easy to swallow

No animal skin – only vegetable softgel capsule

Dosage per day: Adults 2, Children 1

Comes In two products, EPA88 for heart health, and DHA88 for brain health, in amber glass bottles of 120/60 capsules.

Product of Japan

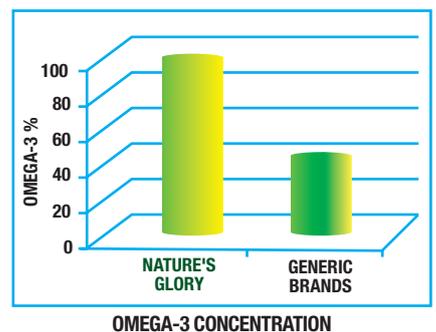
EPA 88



DHA 88



ACTUAL CAPSULE SIZE



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NATURE'S GLORY PTE LTD

315 Outram Rd #11-03 Tan Boon Liat Bldg, Singapore 169074

Tel: (65) 6227 1318 Fax: (65) 6227 0868

E-mail: abound@natures-glory.com Website: www.natures-glory.com

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