Healing Colon, Liver and Pancreas Cancer, The Gerson Way, by Charlotte Gerson

Ella Augenti – Colon Cancer, Grave’s Disease, Hypoglycemia; Glaucoma, Concussion

Ella was born in 1916. When interviewed, in late 2000, she was 84 years old. It is almost incredible; however she did, in the course of her lifetime, suffer from all the above ailments.

In 1928 when she was only 12 years old, her mother was diagnosed with tuberculosis. She found Dr. Gerson in New York, did the Gerson Therapy, recovered, and lived 12 years in good health. Due to an auto accident, she had very severe injuries, bleeding the doctors were unable to stop. She died shortly thereafter.

When she was 30 years old, Ella found herself in an extremely stressful marriage. She developed Grave’s Disease (Exophthalmic goiter) and returned to Dr. Gerson in New York, followed his advice, and reported “I got well quickly while dieting with my mother”. The disease never recurred.

Later she suffered from hypoglycemia but didn’t know where to find the Gerson Therapy. She went to doctors who put her on a high protein diet. This caused her severe dizziness – so she stopped. She told that “By the greatest good luck, my niece had gotten a health food store and had received notice that Charlotte Gerson was going to lecture in Asbury Park (New Jersey). I was so thankful to find her; and went back on the [Gerson] diet and got rid of that problem.”

It was at age 71 that Ella noted rectal bleeding. Since she seriously distrusted doctors, she assumed that it was caused by haemorrhoids. Eventually, due to some problems of elimination, she did consult a doctor who found “a very large tumour”. The medical report of the surgery at Pascack Valley Hospital in New Jersey, by Dr. F. Candido, confirmed adeno-carcinoma of the rectum, with extensive small and large bowel adhesions.

She refused orthodox treatments and at the end of 1987 went to Mexico for the Gerson Therapy. She said, “I knew where to go when I got cancer.” She got a good response. After some time, she found it very cumbersome to pick up and carry her distilled water home. Instead, she opted for home delivery of her water. At that time, she worsened but only discovered later that the ‘delivered’ water was not distilled and contained salt. In 1988, since her tumour was growing, she had to have it removed. At about the same time, Ella was diagnosed with glaucoma. With the Gerson Therapy, and back on distilled water, she completely cleared the cancer as well as the glaucoma. She felt that the niacin, especially, helped to open the ducts in her eyes to reduce the pressure.

Most recent news: August 2001. At that time, she said that she needed no medication and has no further problems, no recurrence of her colon cancer. “I feel just fine, and when people talk to me on the phone, they can’t believe I am 84; because, they say, my voice sounds so energetic.”

Last year, she slipped and fell on the ice, had a severe blow on the back of her head that caused a concussion. She landed in the hospital for four days but couldn’t wait to get home to do the proper Gerson Therapy. Soon her doctors were amazed at her excellent recovery – at age 83. Ella had no more headaches or any other problems due to the fall.

Patricia Ainey – Pancreatic Cancer

In January 1986, Patricia was sent by her doctor from her residence in Nanimo (BC, Canada) to Victoria for a CAT scan. The results were verified by a needle biopsy. The medical specialist said to her, “Go home and get your life in order; the cancer is so bad it is inoperable.” She was also told that the malignancy had spread to her liver, gallbladder and spleen. By then she had lost more than 45 pounds and was vomiting blood.
Naturally, the medical verdict distressed Patricia greatly. After much anguish and weeping she decided to make the best of the few months left to her with her family.

Patricia was skeptical when she first heard about a nutritional treatment claiming to heal cancer, called the Gerson Therapy, and thought it had to be a scam. But then she and her husband read about a Victoria man who had apparently recovered from pancreatic cancer on this therapy (see George Birney) and wondered whether she should give it a try. Finally on March 7, 1986, she arrived at the Mexican Gerson clinic.

Already after ten days she began to feel considerably better than she had in months. By December of that year, her doctor told her that “he thought Patricia had the cancer licked.” He went on to say what many other physicians have told their patients who had recovered on the Gerson Therapy: “I don’t know what you are doing, I don’t want to know, just keep doing it.” In February 1990 her family physician wrote a letter in which he stated the following: “Patricia was diagnosed as having a malignancy of her pancreas. She received treatment of her disease outside of Canada, and I am pleased to say that as of the present time she has no evidence of recurrence of the disease, and what evidence of malignancy was present in 1985 has now gone.”

Although she has enjoyed excellent health for many years, Patricia still drinks the freshly made organic fruit and vegetable juices that are a mainstay of the Gerson Therapy, and has the occasional coffee enema, to ensure her continued well-being. She leads an active life and enjoys the company of her grandchildren, sixteen years after being told that her life was over. Last contact: a Christmas card received in 2001.

**Professor Yoshihiko Hoshino, M.D. – Colon Cancer with Liver Metastases**

It is always a pleasant surprise when an unknown person from some remote part of the world gets in touch with Charlotte Gerson, to report on his or her recovery from some serious life-threatening condition on the Gerson Therapy, solely with the help of Dr. Gerson’s classic book, A Cancer Therapy – Results of Fifty Cases.

One such occasion was on December 30, 1997, when a letter arrived from Professor Hoshino, M.D., who teaches at the Fukushima Medical College in Fukushima, Northern Japan. By then Dr. Gerson’s book had appeared in a Japanese translation, which explains how Professor Hoshino had found out about the Gerson Therapy.

According to his letter, in 1992 Professor Hoshino was diagnosed with colon cancer, which had spread to his liver, he recovered from both by using the Gerson Therapy and other immune therapy. He added, “Now I am writing a book introducing the Gerson Therapy to Japan. This will be the first book about the Therapy written by a medical doctor in Japan.”

In the fall of 1998, his book was published. In it the Professor described not only his own recovery on the Gerson Therapy, but also how, while curing himself, he also treated some twelve cancer patients. The latter belonged to various age groups and suffered from a variety of cancers, including a child with a brain tumour. All those patients made a full recovery. Our only regret is that, owing to the obvious language difficulty, we are unable to read this pioneering work.

Answering to a query from the Gerson Institute, Professor Yoshihiko sent a message on October 28, 2001, in which he confirmed that he had never had any chemotherapy, having refused it as an option. Instead, he wrote, “I treated my disease by operation for the colon cancer, and with the Gerson Therapy and urine therapy for the liver cancer.”