

Table 1. Chinese vegetable & herbs grown in central Kentucky, 1991to1995.

Common name	Mandarin name	Scientific name	Parts used
Vegetables			
Adzuki bean (red beans)	Hong xiao dou	<i>Phaseolus angularis</i>	Seeds
Amaranthus	Xian cai	<i>Amaranthus gangeticus</i>	Greens
Basella	Luo Kui	<i>Basella rubra</i>	Greens
Bitter gourd	Ku gua	<i>Momordica charantia</i>	Fruit
Bottle gourd	Hu lu gua	<i>Lagenaria siceraria</i>	Fruit
Boxthorn	Gou qi	<i>Lycium arbarum</i>	Fruit; young shoots
Broccoli (Chinese kale)	Gai lan	<i>B. rapa</i> var. <i>alboglabra</i>	Greens; flower buds
Burdock	Niu pang	<i>Arctium lappa</i>	Root
Celtuce (stem lettuce)	Wo sun	<i>Lactuca sativa</i> var. <i>augustana</i>	Stem; greens
Chives (garlic chives)	Jiu cai	<i>Allium tuberosum</i>	Greens; flowers; flower stems
Choy sum	Cai xin	<i>B. chinensis</i> var. <i>parachinensis</i>	flower parts; greens
Choy sum (purple flowering pak choi)	Hong cai tai	<i>B. rapa</i> var. <i>purpurea</i>	Flowers; greens
Chrysanthemum greens	Tung hao	<i>Chrysanthemum coronarium</i>	Greens; flowers
Garlic	Suan	<i>Allium sativum</i>	Cloves; flower stems; greens
Hairy melon (fuzzy gourd)	Mao gua	<i>Benincasa hispida</i> var. <i>chieh-gua</i>	Fruit
Hyacinth beans (pig ears)	Bian dou	<i>Lablab niger</i>	Fruit
Luffa, angled (Chinese okra)	Si gua	<i>Luffa acutangula</i>	Fruit; dry fruit
Luffa, smooth	Si gua	<i>Luffa cylindrica</i>	Fruit; dry fruit
Mibuna greens	Ren shen cai	<i>B. rapa</i> var. <i>nipposinica</i>	Greens
Mizuna greens	Shui cai	<i>B. rapa</i> var. <i>nipposinica</i>	Greens
Mung bean	Lu dou	<i>Phaseolus aureus</i>	Seeds; sprouts
Mustard	Jie cai	<i>B. juncea</i>	Greens; stem; root
Napa (headed Chinese cabbage)	Da bai cai	<i>B. rapa</i> var. <i>pekinensis</i>	greens
Onion, oriental bunching	Da cong	<i>Allium fistulosum</i>	Greens

Pak choy	Bai cai	<i>B. rapa</i> var. <i>chinensis</i>	Greens
Pea shoots	Dou miao	<i>Pisum sativum</i>	Sprouts
Pickling melon, oriental	Yue gua	<i>Cucumis melo</i> var. <i>conomon</i>	Fruit
Pumpkin, Japanese	Nan gua	<i>Cucurbita moschata</i>	Fruit
Radish (daikon)	Luo bo	<i>Raphanus sativus</i>	Greens; root; sprouts
Soya bean	Da dou	<i>Glycine max</i>	Young pods; dry seeds; sprouts
Tai cai (rosette pak choy)	Wu ta cai	<i>B. chinensis</i> var. <i>rosularis</i>	Greens
Taro	Yu	<i>Colocasia esculenta</i>	Tuber
Turnip	Wu jing	<i>B. rapa</i> var. <i>rapifera</i>	Roots
Watercress	Xi yang cai	<i>Nasturtium officinale</i>	Greens
Water spinach	Kong xin cai	<i>Ipomoea aquatica</i>	Greens
Winter gourd Wax gourd	Dong gwa	<i>Benincasa hispida</i>	Fruit
Yam, Chinese	Shu yu	<i>Dioscorea batatas</i>	Tuber
Yard long bean	Chang jiang dou	<i>Vigna sesquipedalis</i>	Fruit
Herbs and wild plants			
Ginger	Jiang	<i>Zingiber officinale</i>	Root
Lemon grass	Xiang mao cao	<i>Cymbopogon citratus</i>	Greens
Sesame	Zhi ma	<i>Sesamum indicum</i>	Seeds
Shepherd's purse	Ji cai	<i>Capsella bursa-pastoris</i>	Greens